

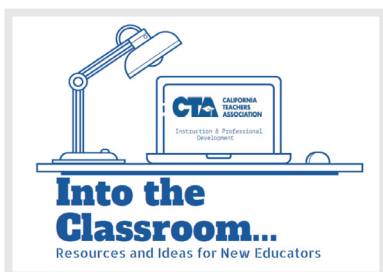
# Keep Learning

In your union, work to build your skill set, access tools to improve your practice, and connect with colleagues across the state.



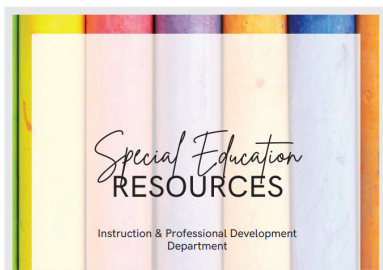
## NEA/CTA MICRO-CERTIFICATIONS

Micro-certifications or “micro-certs” are short, self-paced, practice-based, certificate-bearing professional learning sequences offered free to CTA members. Once you’ve completed a 15-hour course of your choosing, you are eligible for a micro-certification, which can be submitted to CSU Chico along with a small fee per unit for one university credit.



## INTO THE CLASSROOM...

The New Member Handbook shares ideas for implementing strategies in the classroom, lesson plans you can use, and research-based practices and tips from other CTA members.



## SPECIAL EDUCATION RESOURCES

The Special Education Resources website provides CTA members tips and support on a range of topics. Listen to a podcast, watch a short video or webinar, read up on a special education issue, or download our guide.



## DEALING WITH STRESS

It’s a fact: experiencing stress, anxiety, depression or other feelings of helplessness these days is normal. The support we put in place now can significantly affect the time it takes for us to recover and find a sustainable balance. We have compiled resources to help you and your students.



Access Resources:  
[CTA.ORG/IPD](https://cta.org/ipd)

